



Years 3, 4, 5 and 6 suggested guide to a day learning at home

Task	Rough guidance on time
English	30-40 minutes
Maths	30-40 minutes
Creative/ project	30-40 minutes
Keep fit	20-30 minutes
Reading	20-30 minutes
Times tables	5-10 minutes
Spellings	5-10 minutes
Choosing a challenge from Curriculum Grid	30-40 minutes

Your day might look like this but choose a structure that suits your family.

M o n d a y	Wake up have breakfast	Keep fit	English Task	Playtime / screen time	Maths Task	Times tables	Wash your hands Lunchtime	Creative project or Curriculum grid challenge	Reading	Helping with dinner and family activities	Family Fun time	Bedtime
----------------------------	------------------------	----------	--------------	------------------------	------------	--------------	------------------------------	---	---------	---	-----------------	---------

English, Maths and any other special tasks will be set through google classroom.

Keeping fit ideas

- Family walks, while complying with social distancing guidelines
- Active games with family
- Cosmic Yoga
- PE with Joe Wicks 9:00 You Tube channel
- Golden mile around your garden
- Super movers on BBC Key stage 2
- Circuit training with your tinned goods.
- Step aerobics

Free websites for supporting your child's home learning

Websites and additional learning opportunities for the whole school can be found on our School website. <http://www.stswithunssandy.co.uk/links-to-websites/>



Years 1 and 2 suggested guide to a day learning at home

Task	Rough guidance on time
English	20-30 minutes
Maths	20-30 minutes
Creative/ project	20-30 minutes
Keep fit	20-30 minutes
Reading	10-15 minutes
Maths game	5-10 minutes
Phonics/Spelling	5-10 minutes
Choosing a challenge from Curriculum Grid	20-30 minutes

Your day might look like this but choose a structure that suits your family.

M o n d a y	Wake up have breakfast	Keep fit	English Task	Playtime / screen time	Maths Task	Phonics/ Spelling or Maths game	Wash your hands Lunchtime	Creative project or Curriculum grid challenge	Reading	Helping with dinner and family activities	Family Fun time	Bedtime
----------------------------	------------------------	----------	--------------	------------------------	------------	---------------------------------	------------------------------	---	---------	---	-----------------	---------

English, Maths and other tasks will be set through google classroom.

Keeping fit ideas

- Family walks, while complying with social distancing guidelines
- Active games with family
- Cosmic Yoga
- PE with Joe Wicks 9:00 You Tube channel
- Golden mile around your garden
- Super movers on BBC Key stage 1 and 2

Free websites for supporting your child's home learning

Websites and additional learning opportunities for the whole school can be found on our School website. <http://www.stswithunsandy.co.uk/links-to-websites/>